

Ministry of Health The Hashemite Kingdom of Jordan

Ministry of Health Non-Communicable Diseases Directorate

Jordan Cancer Registry Cancer Incidence in Jordan – 2019

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His Majesty King Abdullah II



His Royal Highness the Crown Prince Al-Hussein bin Abdullah II

Foreword

I am pleased to present to you the twenty-fourth annual report on the epidemiology of cancer in the Hashemite Kingdom of Jordan. The annual report includes data for the year 2019 on cancer incidence throughout the Kingdom, represented by the incidence of types of cancer and its distribution according to age, sex, geographical distribution, and other characteristics.

Cancer remains a huge and leading cause of morbidity and mortality, worldwide. The burden of cancer is rising globally, but not equally; the greatest impact of cancer and the fastest increase in the cancer burden over the coming decades is projected to be in low and middle-income countries. Cancer in Jordan is the second cause of death and is therefore considered one of the biggest challenges facing the Ministry of Health and all other health sectors.

The burden of cancer is solely measured by cancer registration through the collecting of information on new cases (incidence). The importance of cancer registries lies in the fact that they collect accurate and complete cancer data that can be used for cancer control and epidemiological research, public health program planning, and patient care improvement. Ultimately, all of these activities reduce the burden of cancer. These data can be used by physicians, researchers, epidemiologists, public health planners, legislators, medical students, and others. All of these people appreciate and rely on cancer data in their effort to win the "War on Cancer." A national system of cancer registries can help us understand the disease better and use our resources to the best effect in prevention and treatment.

It is worthy to mention the success story of the national cancer registry, as a result of the wonderful and continuous efforts made by the registry staff in cooperation with all health sectors. Our sincere appreciation is extended to all who contributed to consistently produce this excellent work, and assure the Ministry of Health's continuous support of the Jordan Cancer Registry.

Prof. Feras Ibrahim Hawari Minister of Health, Jordan

Acknowledgment

We acknowledge with deep appreciation and gratitude all people who helped make this report possible. We would like to thank the oncologists, pathologists, palliative care professionals, other members of the medical professional from the various governments, universities, non-government and private centers who contributed to the development of the 24th annual report of Jordan Cancer registry.

We would like to thank all our focal points in all sites in the Kingdom in all hospitals and laboratories for the timely collection and submission of cancer patient's data.

We would like to thank Dr. Omar Nimri for his expert advice and also Dr. Marwan Al Zaghal for the collection and submission of cancer patients' data.

Last but not least, the cooperation of Hakeem program for contribution to finishing the report, through the implementation of an electronic health record solution, the Civil Status Bureau, and the Mortality Department, and also the continuous technical support and maintenance of the registry software from the Information Technology staff are highly appreciated.

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List of participants in the development of the Jordan Cancer Registry Report 2019

Executive Summary

There is no doubt that cancer became an overwhelming problem worldwide. In Jordan as well, the incidence and burden of cancer are increasing. Documentation of cancer cases helps to determine the magnitude of the problem and to provide suitable solutions. This is the 24rd annual report of cancer incidence and epidemiology in Jordan, which describes cancer cases in 2019.

The total number of new cancer cases was 10006 (7594 were Jordanians - 75.9%). For Jordanians, 3638 were males (47.9%) and 3956 were females (52.1%), and the male-to-female ratio was 0.91:1. Overall, median age at diagnosis was 57 (61 years for males and 53 years for females). The crude incidence rate of all cancers among Jordanians was 103.9 per 100,000 (97.7 for males and 110.3 for females). The Age Standardized Incidence Rate (ASR) adjusted to the World Standard Population was 145.8 per 100,000 populations (143.8 for males and 147.9 for females).

Overall, 44.5% of the cases in 2019 were diagnosed among people aged 60 years and older, males (57%) were more than females in this age group. While females predominate in the age group 30-59 years (61.7%), the distribution of new cancer cases by age group showed that 4.1% of the cases were below 15 years, male (56.7%).

The top five cancers among Jordanians (males and females) were: breast 1539 (20.3%), colorectal 881 (11.6%), Lung 564 (7.4%), Lymphoma 521 (6.9%) and Leukemia 387 (5.1%). Among Jordanian males, the top five cancer types were colorectal 497 (13.7%), lung 474 (13.0%), Bladder 330 (9.1%), prostate 328 (9.0%), and Leukemia 222 (6.1%), while among Jordanian females the top five cancer were: breast 1524 (38.5%), colorectal 384 (9.7%), thyroid 246 (6.2%), corpus uteri 172 (4.3%), and leukemia 165 (4.2%).

The distribution of cancer cases by region showed that 84.7% of the cases were in the central region (Amman accounted for 71.2%), 11.0% in the north region, and 4.3% in the south region.

In the pediatric age group (less than 15 years), the total number of cancer cases was 314 accounting for (4.1%) of all cancer cases in Jordan with a male to female ratio of 1.3:1. The top five cancer types in the pediatric age group were leukemia (33.4%), brain and CNS (19.4%), lymphoma (15.9%), Kidney (6.7%) and bone (5.7%).

Mortality due to cancer showed that the most common causes of death due to neoplasms in males were lung (27.8%), colorectal (11%), Leukemia (7.1%), Stomach (7.1%), and lymphoma (5.6%). While in females were breast (14.6%), Leukemia (10.6%), Colorectal (10.4%), Lymphoma (6.9%), and lung (6.6%).

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1. Introduction

This is the 24rd annual report of the incidence of cancer in Jordan published by the Jordan Cancer Registry. It comprises the data for the year 2019 and a description of trends covering the period from 1996-2019. Cancer is one of the leading causes of morbidity and mortality in Jordan. It is the second cause of death (19.8%) after cardiovascular disease (43.9%) [Mortality Department-2018 Report].

Many factors play role in cancer development, but it is important to mention that many types of cancers can be prevented by simple lifestyle changes; like smoking cessation, as smoking is the most significant cancer risk factor that we can reduce. Smoking is responsible for not only lung cancer, but for many other types of cancer. A well-balanced diet is advantageous for many reasons: a diet rich in fruits and vegetables can reduce the risk of developing many healthrelated conditions. Fruits and vegetables contain antioxidants, which help in repairing damaged cells. Numerous studies showed that a diet high in animal fat increases the risk for several types of cancer, particularly colon cancer. Red meat contains much more fat than poultry and fish, so reducing the amount of red meat in the diet may help to prevent cancer. A diet high in fat is a major cause of obesity, which is a risk factor for many types of cancer. Physical activity is also an important indicator of cancer prevention. The American Cancer Society recommends exercising 30 or more minutes, at least 5 days a week, for cancer prevention.

The main purpose of this report is to provide health professionals, researchers, policymakers, and others who are interested in detailed information about the most common types of cancer in Jordan and their distribution by different variables. Data provided by JCR may help in promoting new research, assist in planning and evaluating cancer control strategies, and identify priorities for public health actions. Initiation of the Jordan Breast Cancer Program (JBCP) is

1

a good example of the utilization of Jordan cancer registry data on breast cancer epidemiology and clinical data about the stage of tumor and median age. The availability of cancer data at JCR is a solid database for initiating and establishing other screening programs.

Population & Geography

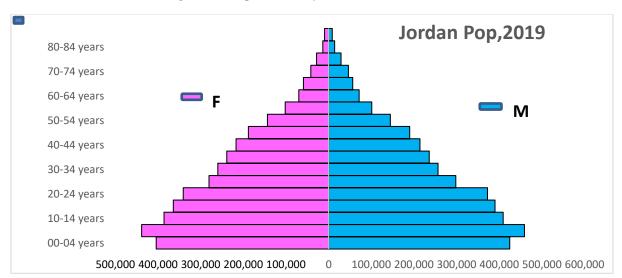
The estimated population of Jordan in 2019 reached 7,308,000, among those 3,722,000 were males and 3,586,000 were females (male: female ratio 1.03: 1) [Department of Statistics Jordan, 2019]. About 11.3 % of the population were under 5 years old, and 34.5 % were under 15 years old. Only 4.2 % of the total population was above 65 years old. The percentage of males was a little higher than females in most of the age groups of the population, except in the age groups 30-44 years, 55-59 years, 65-69 years, and above 85 years. Table (1) and Figure (1) show the age distribution of the Jordan population in 2019.

Jordan is located in the Middle East, between latitudes 29-33 north and between longitude 35-39 east, extending about 500 kilometers from north to south, it is bounded in the north by Syria, in the east by Iraq and Saudi Arabia, in the south also by Saudi Arabia, and in the west by the Occupied Palestinian Authority. The total area is $89,342 \text{ km}^2$, 75% of it is desert along the eastern part of the country. Mountain's height ranged between 1100 - 1854 meters above sea level. The Dead Sea is the lowest area in the world, and it is around 407 meters below sea level. The climate of the country is moderate, there are four seasons summer, autumn, winter, and spring. The temperature ranges from 4 C in winter to 31 C in summer. Jordan is divided from the administrative point of view into three regions (Central, North, and South) and twelve governorates.

	Male		Female		Total		Sex
Age group	No	%	No	%	No.	%	Ratio
0-4	424667	11.4	404301	11.3	828968	11.3	105.0
5-9	459156	12.3	438540	12.2	897696	12.3	104.7
10-14	409382	11.0	385805	10.8	795187	10.9	106.1
15-19	390060	10.5	364323	10.2	754383	10.3	107.1
20-24	372559	10.0	340841	9.5	713400	9.8	109.3
25-29	298192	8.0	280539	7.8	578730	7.9	106.3
30-34	256426	6.9	259860	7.2	516285	7.1	98.7
35-39	235757	6.3	238947	6.7	474704	6.5	98.7
40-44	214071	5.8	216918	6.0	430989	5.9	98.7
45-49	189953	5.1	187975	5.2	377928	5.2	101.1
50-54	144588	3.9	143476	4.0	288064	3.9	100.8
55-59	101021	2.7	101894	2.8	202915	2.8	99.1
60-64	71506	1.9	70087	2.0	141593	1.9	102.0
65-69	56665	1.5	59195	1.7	115860	1.6	95.7
70-74	46373	1.2	41849	1.2	88223	1.2	110.8
75-79	29294	0.8	28225	0.8	57519	0.8	103.8
80-84	13949	0.4	13617	0.4	27566	0.4	102.4
85+	8381	0.2	9608	0.3	17989	0.2	87.2
Total	3722000	100.0	3586000	100.0	7308000	100.0	103.8

Table 1: Estimated population of Jordan by age group and sex, 2019

Figure 1: Population Pyramid, Jordan, 2019..



2. Jordan Cancer Registry (JCR)

Jordan Cancer Registry (JCR) is a population-based registry established in 1996 under the jurisdiction of the Ministry of Health (MOH) by the order of His Excellency the Minister of Health. JCR is hosted at the Cancer Prevention Department in the Non-Communicable Disease Directorate. Cancer notification is compulsory since 1996 through a ministerial decree. JCR monitors cancer incidence and the trends in Jordan over time. The aim of it is to provide national cancer incidence data to the public in a timely and accurate manner. JCR also provides a data for clinical and epidemiological research. It plays a central role in all aspects of cancer control continuum, not only for the population covered but also for other populations with which results can be compared.

The systematic collection, recording and analysis of data relating to cancer enables interpretation of clinical and pathological characteristics of cancer incidence and mortality for various population and subgroups. It also opens the way for epidemiological research about the causes of cancer, and the effects of interventions in prevention and early diagnosis, provided that patients can be identified and linked to the database systems as mortality data and databases in other hospitals. In many countries, the cancer registry has proved to be an important tool for public health surveillance, including the planning and evaluation of health services.

Vision

To meet the highest attainable international standards in cancer registration, surveillance, and control.

Mission

To register all cancer cases reported in various health institutions in Jordan and to avail the data and /or information gathered for policy development and support in cancer research, treatment, control, prevention, and surveillance.

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Objectives of JCR:

- To define the size of the cancer problem and pattern of cancer occurrence in Jordan.
- To provide data on cancer for epidemiological and clinical studies.
- To make data on cancer incidence and prevalence available for use by health planners and professionals to plan for cancer prevention, control, and management cost-effectively.

3. Methodology & Data management:

For Jordanians all, malignant and in-situ cases diagnosed from 1st Jan to 31st Dec 2019 were notified and registered in the cancer registry. For non-Jordanians all cancer patients treated in Jordanian hospitals during this year were notified to our registry.

3.1. Data Collection Methods

Active method

Data was collected and abstracted by a trained registry staff through regular visits to all hospitals distributed over the country. The JCR endeavor for full access to cancer data from all Ministry of Health, Royal Medical Services, universities, and private hospitals as well as clinics and laboratories throughout the Kingdom. Cancer data abstracted by JCR trained staff from patients' medical records, based on clinical and/or histopathological diagnosis.

Passive method

Trained focal point personnel abstracted cancer data from patients' files, completed a standardized form, and forwarded it to the cancer registry. The data abstracted include personal demographic and identification data like (name, ID number, sex, age, address, telephone number, and nationality), and diagnosed tumor details like (primary site, diagnosis date, histology, behavior, grade, stage, basis of diagnosis and others).

3.2. Sources of information

The registry collects the most important data about cancer patients and ensures that it is complete and of high quality. Notifications of cancer may be obtained from many sources, such as:

- 1. Hospital admissions and medical records from all public, private, military and universities' hospitals all over the country (hospital discharge reports), using the guidelines of the international classification of disease and operation ICD-9 or 10 morbidity and mortality coding system, and histopathology reports in all these hospitals.
- 2. Hospital based cancer registry such as the King Hussein Cancer Center (KHCC).
- 3. Histopathology laboratories: cytology, hematology in public and private histopathology laboratories.
- 4. Forensic medicine records through (death certificates).

Data source	Number	%
King Hussein Cancer Center	3236	42.6
Royal Medical Services	1820	24.0
Ministry of Health	1122	14.8
Universities' Hospitals	699	9.2
Private Hospitals	446	5.9
Laboratories	271	3.6
Total	7594	100.0

Table 2: Sources of data of cancer patients to the registry 2019.

3.3. Reportable list

Reportable lists may range from a simple list of invasive and in situ tumors to a complex list that includes benign and borderline tumors. Cases with a behavior code of 2 or 3 in the International Classification of Diseases for Oncology-Third Edition (ICD-O-3) were included in the registry.

ICD-O-3 Behavior Codes

0 Benign

1 Uncertain whether benign or malignant (borderline)

- 2 Carcinoma in situ,
- 3 Malignant, primary site

Benign (behavior code 0) or borderline (behavior code 1) cases were collected in JCR but not entered in the registry database system, CanReg4 program, instead were kept in special files especially those of brain and CNS. Localized basal cell and squamous cell carcinoma of non-genital skin sites (C44.0-C44.9) were included in our registry.

Abstracting information is the essence of the cancer registry. The accuracy and completeness with which this function is performed determines the value of the registry. Users of cancer registry data must be confident that the abstracted information is a true representation of the patients' demographics, diagnosis, and other variables. An abstract was completed for each reportable case.

3.4. Data variables

The number of assessment variables used by JCR is based on the international standard variables for all cancer registries. There are various formats that may be used. JCR used standards provided by the International Agency for Research on Cancer (IARC), which include:

- 1. Patients' details: first name, given/median name, last name, ID number, age/date of birth, sex current residence (governorate).
- Tumor: incidence date, basis of diagnosis, primary site / topography (ICD-O) code, histology/morphology (ICD-O) code, behavior, grade, and stage at diagnosis (SEER summary stage)
- 3. Treatments: initial and subsequent treatments, surgery, radiotherapy, chemotherapy, hormonal therapy.
- 4. Sources of data: hospital/laboratory name, hospital / facility code number,

name, and date of abstracter.

 Follow up: patient status (alive or dead) as of the date of incidence, last date of contact with physician/ health care provider or, if dead – date of death and cause of death.

A complete JCR abstract form is appended to this report for more details.

3.5. Classification and Coding

The primary site (topography) and histology (morphology) of the malignancies were identified and coded according to the International Classification of Diseases for Oncology Third Edition (ICDO-3), published by the World Health Organization (WHO), 2000.

3.6. Data management (storage and retrieval)

Data was managed using a server with network computers at the registry, a local area network was established to allow staff to work on the registry database simultaneously. It is expected that a simple system of receiving abstract forms electronically from health facilities with internet access will be put in place in the future, to ease and speed up the submission of abstract forms to the registry.

Data was managed using Can Reg4 Software, which also allows for statistical analysis. Abstract forms submitted from health –care facilities were kept in box files and shelved in straight numerical order in the registry cabinets.

In order to ensure a good flow of data/information between the registry and health care facilities, all cancer registrars are strictly bound by the professional code of observing confidentiality of patient information. Information users interested in JCR data and information services are required to obtain authority for access to data from the non-communicable disease directorate (NCD) director and are mutually bound to acknowledge the registry in their data usage. In order to maintain the confidentiality of facility and patient information, inclusion of facility and patient identification details is restricted.

3.7. Quality Assurance & Data analysis

Accuracy and consistency are essential in tumor registry reporting. Quality control means assessing for completeness, accuracy, and uniformity of data at the case finding, abstracting, coding, and data processing levels.

Quality control should be an ongoing process, and time should be allotted for registry personnel to carry out special quality control functions. The registry performed quality control on data before presenting reports. Every effort was made to accurately code patient and tumor information, to ensure that all data can be reviewed, linked, and consolidated, as appropriate.

Before and during the phase of data entry, validation of data was done through the following:

- Assurance of data completeness through continuous generation of patients' lists who have rare or invalid categories or behavior of less than three to check for it.
- 2. Checking essential demographic data such as age, date of birth, sex, and address. Patient lists were evaluated for duplicates.
- Internal quality checks including random selection of some records was done systematically for double checks of data abstraction and to ensure completeness.

Procedures for review included visual review, computerized data edits, and hospital queries. JCR staff performed quality assurance tasks upon receipt of abstracts from each reporting institution. Periodic review procedures also included re-abstracting of cases and cases finding studies. The reporting facility was required to resolve incomplete, incorrect, or inconsistent data upon JCR inquiry. The software used for data entry and incidence tables output was CanReg4, which was developed by the International Agency for Research on Cancer (IARC) in Lyon, France. This software has a duplicate entry checking facility.

Validity checks were performed for consistency between items: site/histology, sex/site and age/site/histology combinations by CanReg4. Epi-info and SPSS among the statistical programs were used for further analysis.

The world standard population was used for the calculation of standard rates, to facilitate national and international comparisons (Table 3).

Frequencies for most of the variables are collected and presented in this report, mainly the primary site of cancer, age group, sex, governorate, and regions. Tables and graphs for cancer cases for Jordanian and non-Jordanian and pediatric malignancy, and top ten cancer for both sexes are presented. Also, one chapter for mortality due to cancer is presented in the last chapter to identify the most common deaths due to cancer by sex and governorates.

3.8. Confidentiality

To ensure the protection and confidentiality of the identifying information collected by the JCR staff, the Procedure Manual contains, among other things:

- 1. Procedures to safeguard and secure the registry database and printed data generated from the database containing identifying information
- 2. Procedures to destroy (e.g., by shredding) all printed materials containing identifying information when such materials are to be disposed of; and
- 3. Procedures to make certain that all persons with access to JCR identifying information have signed a written statement acknowledging their responsibility to maintain confidentiality and subjecting them to penalties for violation of confidentiality requirements.

Table 3: The World Standard Population used for Age Adjustment.					
Age	Count				
0-4	120,000				
5-9	100,000				
10-14	90,000				
15- 19	90,000				
20- 24	80,000				
25-29	80,000				
30- 34	60,000				
35- 39	60,000				
40- 44	60,000				
45-49	60,000				
50- 54	50,000				
55- 59	40,000				
60- 64	40,000				
65-69	30,000				
70- 74	20,000				
75-79	10,000				
80- 84	5,000				
85+	5,000				
Total	1,000,000				

4. Trend of cancers of all sites (Jordanian, Non-Jordanian)

Figure (2) shows the trend of cancer cases in Jordan during the period 1980 – 2019. Before the establishment of the Jordan Cancer Registry (JCR) in 1996, the reported cancer cases presented as a Hospital-Based Registry which was mainly from Al-Basheer Hospital, while after the JCR establishment, the reported cancer cases were collected from all over the country as Population-Based Cancer Registry. The number of registered cases markedly increased after the transformation from a hospital-based to a population-based registry.

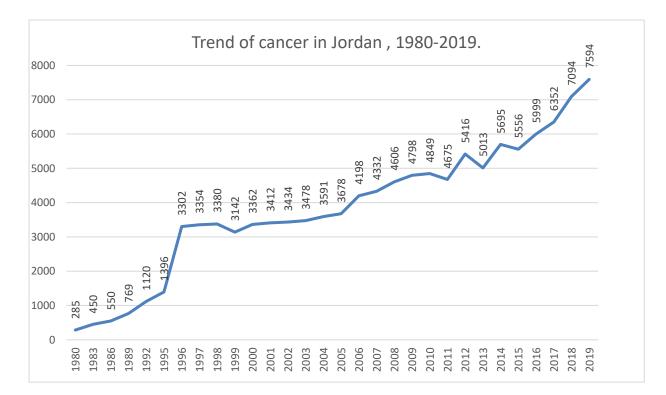


Figure 2: Trend of cancer in Jordan, 1980-2019.

Figure (3) shows the number of reported cases to JCR by sex. This figure shows that there was an increase in the number of incidence cases among Jordanians for both males and females. The number of Jordanian male cases increased from 2242 in 2009 to 3638 in 2019, while in females there was an increase from 2493 in 2009 to 3956 in 2019.

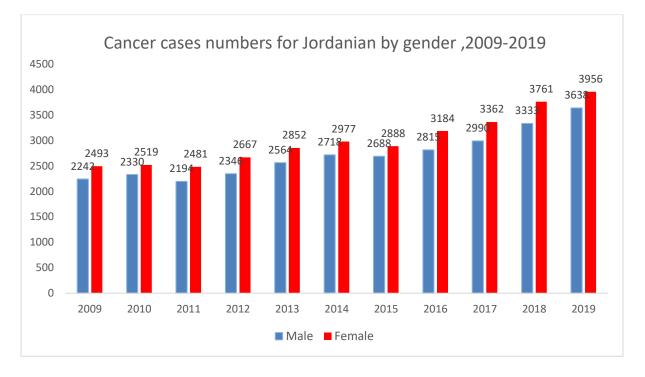
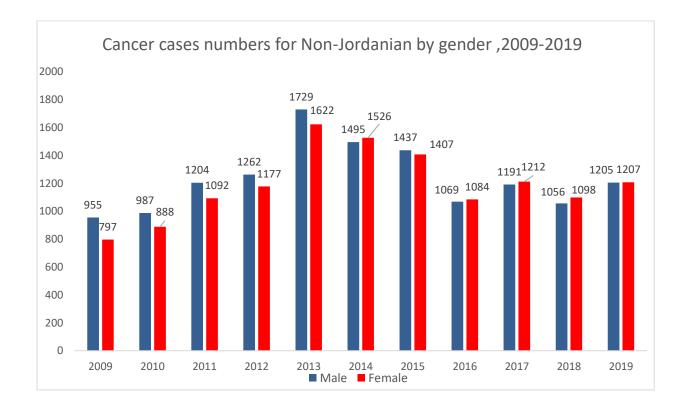


Figure 3: Cases numbers for Jordanian by sex, 2009-2019.

Figure (4) shows the number of reported non-Jordanian cases to JCR by sex in both males and females for the years 2009-2019 data.

Figure 4: Cancer cases numbers for non-Jordanian by sex, 2009-2019.



5. Cancer Incidence in Jordan - 2019

5.1. Summary of cancer incidence in Jordan – 2019

Number of cases	Male	Female	Total
Total cases	4843	5163	10006
Jordanian	3638	3956	7594
Non-Jordanian	1205	1207	2412
Jordanians – Further analysis	Male	Female	Total
Pediatric age group 0-14years	178	136	314
Crude incidence rate	97.7	110.3	103.9
Age Standardized rate	143.8	147.9	145.8
Mean age at diagnosis	56.9	52.7	54.8
Median age at diagnosis	61	53	57
Mode age at diagnosis	61	47	61

Table 4: Summary of cancer incidence in Jordan, 2019.

5.2. Distribution of cases by Age group and sex

A total of 7594 new cases of cancer were recorded among Jordanian population for the year 2019, of those 3638 cases (47.9%) were males. Male to female ratio for cancer cases in Jordan was 0.91:1.

Overall, 44.5% of the cases in 2019 were diagnosed among people aged 60 years and older, males (57%) were more than females in this age group. While females predominate in the age group 30-59 years (61.7%).

The distribution of new cancer cases by age group showed that 4.1% of the cases were below 15 years, males (56.7%) were more than females (43.3%).

The overall median age at diagnosis was 57 (61 years for males and 53 years for females). In 2019, the crude age specific incidence rate (ASIR) of all cancers among Jordanians was 103.9 per 100,000 populations (97.7 for males and 110.3 for females). The Age-Standardized Rate (ASR) adjusted to the World Standard

Population was (145.8) per 100,000 populations (143.8 per 100,000 for males and (147.9) per 100,000 for females compared with the 2018 ASR was 138.3 (132.4 for males and 144.0 for females /100,000 population). Table (5) shows the number and age-specific incidence rate (ASIR), which increases with age for both males and females.

	Male		Fe	emale	Total	
Age group	Ν	ASIR	Ν	ASIR	Ν	ASIR
0-4	64	15.1	71	17.6	135	16.3
5-9	56	12.2	31	7.1	87	9.7
10-14	58	14.2	34	8.8	92	11.6
15-19	39	10.0	40	11.0	79	10.5
20-24	61	16.4	66	19.4	127	17.8
25-29	85	28.5	91	32.4	176	30.4
30-34	91	35.5	188	72.3	279	54.0
35-39	122	51.7	255	106.7	377	79.4
40-44	180	84.1	368	169.6	548	127.1
45-49	233	122.7	478	254.3	711	188.1
50-54	355	245.5	450	313.6	805	279.5
55-59	365	361.3	434	425.9	799	393.8
60-64	507	709.0	400	570.7	907	640.6
65-69	427	753.6	332	560.9	759	655.1
70-74	379	817.3	345	824.4	724	820.6
75-79	368	1256.2	217	768.8	585	1017.1
80-84	170	1218.7	111	815.1	281	1019.4
85+	78	930.7	45	468.3	123	683.7
Total	3638	97.7	3956	110.3	7594	103.9

Table 5: Number and ASIR of cancer cases by age group and sex – Jordan, 2019.

5.3. Distribution by Primary site and sex

Table 6: Number and percentage of cancer by primary site & sex - Jordan, 2019

Site / Top	Male	%	Female	%	Total	%
Lip	7	0.2	5	0.1	12	0.2
Tongue	10	0.3	10	0.3	20	0.3
Mouth	15	0.4	13	0.3	28	0.4
Salivary gland	10	0.3	7	0.2	17	0.2
Tonsils	1	0.0	1	0.0	2	0.0
Other Oropharynx	4	0.1	1	0.0	5	0.1
Nasopharynx	33	0.9	10	0.3	43	0.6
Hypopharynx	1	0.0	0	0.0	1	0.0
Pharynx, Unspecified	1	0.0	2	0.1	3	0.0
Esophagus	27	0.7	13	0.3	40	0.5
Stomach	128	3.5	83	2.1	211	2.8
Small Intestine	14	0.4	18	0.5	32	0.4
Colon	335	9.2	256	6.5	591	7.8
Rectum	162	4.5	128	3.2	290	3.8
Anus	10	0.3	6	0.2	16	0.2
Liver	68	1.9	31	0.8	99	1.3
Gall Bladder	20	0.5	39	1.0	59	0.8
Pancreas	73	2.0	48	1.2	121	1.6
Nose, Sinuses, etc	6	0.2	2	0.1	8	0.1
Larynx	76	2.1	7	0.2	83	1.1
Trachea, Bronchus, Lung	474	13.0	90	2.3	564	7.4
Other Thoracic Organs	14	0.4	4	0.1	18	0.2
Bone	26	0.7	29	0.7	55	0.7
Melanoma of skin	13	0.4	10	0.3	23	0.3
Other Skin	175	4.8	78	2.0	253	3.3
Mesothelioma	7	0.2	3	0.1	10	0.1
Kaposi Sarcoma	2	0.1	2	0.1	4	0.1
Connective, Soft Tissue	34	0.9	45	1.1	79	1.0
Breast	15	0.4	1524	38.5	1539	20.3
Vulva	0	0.0	40	1.0	40	0.5

Vagina	0	0.0	6	0.2	6	0.1
Cervix Uteri	0	0.0	52	1.3	52	0.7
Corpus Uteri	0	0.0	172	4.3	172	2.3
Uterus, Unspecified	0	0.0	31	0.8	31	0.4
Ovary	0	0.0	105	2.7	105	1.4
Other Female Genital	0	0.0	3	0.1	3	0.0
Placenta	0	0.0	3	0.1	3	0.0
Penis	0	0.0	0	0.0	0	0.0
Prostate	328	9.0	0	0.0	328	4.3
Testis	80	2.2	0	0.0	80	1.1
Other Male Genital	1	0.0	0	0.0	1	0.0
Kidney	119	3.3	61	1.5	180	2.4
Renal Pelvis	7	0.2	1	0.0	8	0.1
Ureter	9	0.2	2	0.1	11	0.1
Bladder	330	9.1	52	1.3	382	5.0
Other Urinary Organs	4	0.1	2	0.1	6	0.1
Eye	15	0.4	13	0.3	28	0.4
Brain, Nervous System	123	3.4	78	2.0	201	2.6
Thyroid	89	2.4	246	6.2	335	4.4
Adrenal glands	8	0.2	12	0.3	20	0.3
Other Endocrine	6	0.2	3	0.1	9	0.1
Hodgkin disease	103	2.8	81	2.0	184	2.4
NHL	192	5.3	145	3.7	337	4.4
Immune proliferative	0	0.0	0	0.0	0	0.0
Multiple Myeloma	53	1.5	50	1.3	103	1.4
Lymphoid Leukemia	93	2.6	61	1.5	154	2.0
Myeloid Leukemia	82	2.3	60	1.5	142	1.9
Leukemia Unspecified	47	1.3	44	1.1	91	1.2
Other & Unspecified	106	2.9	108	2.7	214	2.8
Unknown	82	2.3	60	1.5	142	1.9
Total	3638	100.0	3956	100.0	7594	100.0

5.4. Top Cancers among Jordanian population by sex, 2019

Rank	Cancer	No	%
1	Breast	1539	20.3
2	Colorectal	881	11.6
3	Trachea,Bronchus,Lung	564	7.4
4	Lymphoma	521	6.9
5	Leukemia	387	5.1
6	Bladder	382	5.0
7	Thyroid	335	4.4
8	Prostate	328	4.3
9	Stomach	211	2.8
10	Brain,Nevous system	201	2.6

Table 7: Ten most common cancers among Jordanians, both sexes, 2019.

N.B: The total of the top Ten cancers accounted, 5349 (70.4%)

Table 8: Ten most common cancers among Jordanian Males, 2019

Rank	Site	Frequency	Percent
1	CRC	497	13.7
2	Trachea,Bronchus,Lung	474	13.0
3	Bladder	330	9.1
4	Prostate	328	9.0
5	Leukemia	222	6.1
6	NHL	192	5.3
7	Stomach	128	3.5
8	Brain,Nervous system	123	3.4
9	Kidney	119	3.3
10	Hodgkins disease	103	2.8

N.B: The total of the top Ten male cancers accounted, 2516 (69.1%)

Table 9: Ten most common cancers among Jordanian Females, 2019

Rank	Site	Frequency	Percent
1	Breast	1524	38.5
2	CRC	384	9.7
3	Thyroid	246	6.2
4	Corpus uteri	172	4.3
5	Leukemia	165	4.2
6	NHL	145	3.7
7	Ovary	105	2.7
8	Lung,Trachea,Bronchus	90	2.3
9	Stomach	83	2.1
10	Hodgkins disease	81	2.0

N.B: Total top ten female cancers accounted for 2995 (75.7%)

5.5. Distribution of cancer cases by governorate /regions and sex with crude rates

The numbers and rates of cancer cases scattering by governorates and regions. Amman, the capital reported (71.2 %) of all cases followed by Irbid (8.2%), Zarqa (7.8 %), and Balqa (3.9%), however 0.4% was reported from Tafiela which was the lowest. Regarding the crude cancer incidence rate per 100,000 populations by governorates, Amman showed the highest rate (192.0) per 100,000 populations and the lowest was in Mafraq (21.6) /100,000 population. This is all shown in table (10).

Governorate	Μ	ale	Female		Total		
Governorate	Ν	CR*	Ν	CR	Ν	CR	%
Amman	2536	177.4	2874	207.0	5410	192.0	71.2
Zarka	309	59.2	287	57.8	596	58.5	7.8
Balqa	146	65.8	152	70.4	298	68.1	3.9
Madaba	62	70.2	67	79.2	129	74.6	1.7
Central Region -CR	3053	140.5	3380	154.6	6433	144.6	84.7
Irbid	301	40.6	321	45.2	622	42.8	8.2
Jarash	35	36.9	29	32.2	64	34.6	0.8
Ajloun	48	54.4	23	27.1	71	41.0	0.9
Mafraq	38	21.4	37	21.9	75	21.6	1.0
North Region CR	422	38.3	410	38.9	832	38.6	11.0
Karak	65	42.9	73	49.0	138	45.9	1.8
Aqaba	49	63.9	45	62.2	94	63.1	1.2
Maan	28	35.5	32	42.2	60	38.8	0.8
Tafiela	20	39.4	12	24.7	32	32.2	0.4
South Region- CR	162	45.3	162	46.8	324	46.0	4.3
Not Resident	1		4		5		0.1
Total- CR	3638	97.7	3956	110.3	7594	103.9	100.0

Table 10: Number of cancer cases and crude incidence rates, by governorates and sex, 2019.

*(CR, crude rate)

6. Pediatric Malignancies in Jordan, 2019

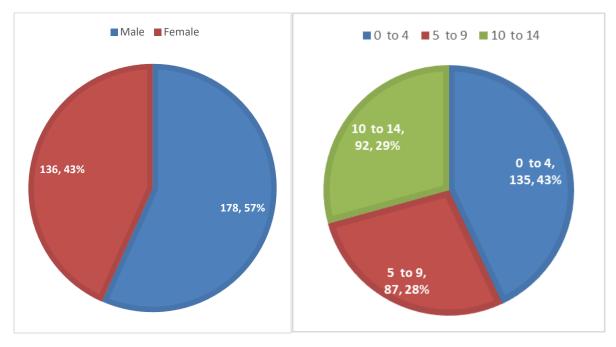
There were (314) children in the age-group 0-14 years diagnosed with new cancer among Jordanians, and this constitutes about (4.1%) of all registered malignant tumors in the year 2019, which is similar to 2018.

The distribution of cases by sex shows that it was higher in males (178) (56.7%) than females (136) (43.3%), as shown in figure (5). The male to female ratio was 1.3: 1. The crude incidence rate for all cancers in this age group was (124.5) per million (137.6 per million for boys and 110.7 per million for girls).

The mean age at diagnosis was (6.3) years. Children aged less than 1 year were 27, accounted for 8.6% of all pediatric cancer cases, with female predominance. Adrenal gland cancer ranked 1st among children aged less than one year (29.6%), followed by Eye (11.1%) and Kidney (11.1%). About 43% of registered cases were under the age of five years, figure (6). Figure (7) shows top 10 cancer among Jordanians below 15 years old. Leukemia ranked first (33.4%), followed by brain, CNS (19.4%), and lymphoma (15.9%). Figure (8) shows top five pediatric cancer cases by sex, Jordan, 2019.

Figure 5: Distribution of pediatric cancer cases percentage by sex, 2019, Jordanians.

Figure 6: Distribution of pediatric cancer cases percentage by age group, 2019, Jordanians.



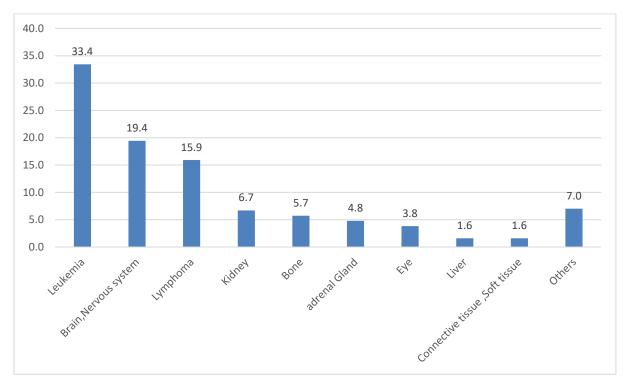
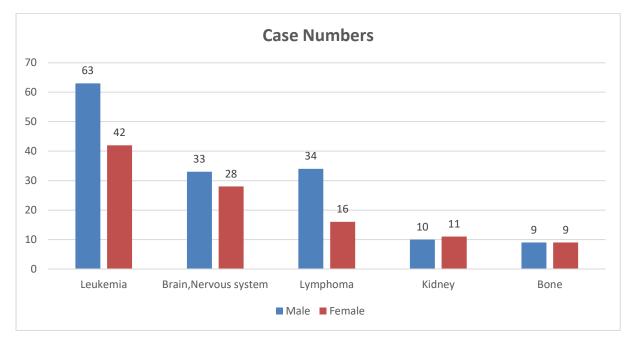


Figure 7: Percentage of top ten cancers in Pediatric age group (both sexes), 2019.

Figure 8: Top five Pediatric cancer cases by sex, Jordan, 2019.



7. Cancer among Non-Jordanians, 2019

The total number of cancer cases among non-Jordanians was 2412, accounting for 24.1% of all cancers reported and registered in JCR for the year 2019. The distribution of cases by sex shows that males were 1205 (49.9%) while females were 1207 (50.1%). Male to female ratio of (0.99:1). The mean age for diagnosis of the registered cases among non-Jordanians was 55.9 years (58.1 for males and 53.6 for females). The commonest types of cancers among non-Jordanians were breast, colorectal, Lymphoma, lung cancer and Leukemia, as shown in table (11). Tables (12) & (13) show the most frequent types of cancer among non-Jordanian among males and females, respectively.

There were 143 cases below the age of 15 years, which accounted for 5.9% of all non-Jordanians registered in JCR for the year 2019. There were 10 pediatric cases aged below 1 year, 6.9% of all pediatric cases, of which 8 were females. Eye ranked 1st among all cancer cases of children aged less than one year (40%). 61% of all pediatric cases were males, figure (9). Majority of cases were below 5 years (38%), followed by the age group (10-14) (33%), and age group (5-9) (29%) as shown in figure (10). Figure (11) shows percentage of top ten cancers of Pediatric age group among non-Jordanian (both sexes).

Rank	Primary site	No.	%
1	Breast	468	19.4
2	CRC	275	11.4
3	Lymphoma	154	6.4
4	Trachea ,Bronchus ,Lung	136	5.6
5	Leukemia	118	4.9
6	Bladder	114	4.7
7	Prostate	113	4.7
8	Thyroid	95	3.9
9	Stomach	81	3.4
10	Brain ,Nervous system	70	2.9

Table 11: The most frequent types of cancer among non-Jordanian (Both sexes), 2019

Rank	Primary site	Ν	%
1	CRC	155	12.9
2	Prostate	113	9.4
3	Trachea,Bronchus,Lung	111	9.2
4	Bladder	101	8.4
5	NHL	71	5.9
6	Leukemia	62	5.1
7	Stomach	51	4.2
8	Kidney	47	3.9
9	Brain,Nervous System	46	3.8
10	Thyroid	36	3.0
11	Others	412	34.2
Total		1205	100

Table 12: The most frequent types of cancer among non-Jordanian males, 2019.

Table 13: The most frequent types of cancer among non-Jordanian females, 2019.

Rank	Primary site	Ν	%
1	Breast	453	37.5
2	CRC	120	9.9
3	Corpus Uteri	64	5.3
4	Thyroid	59	4.9
5	Leukemia	56	4.6
6	Ovary	35	2.9
7	NHL	32	2.7
8	Stomach	30	2.5
9	Pancreas	28	2.3
10	Trachea,Bronchus,Lung	25	2.1
11	Others	305	25.3
1	Total	1207	100

Figure 9: Percentage distribution of pediatric cancer among non-Jordanians by sex, 2019.

Figure 10: Percentage distribution of pediatric cancer among non-Jordanians by age, 2019.

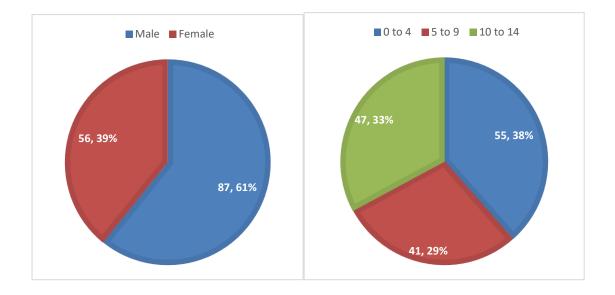
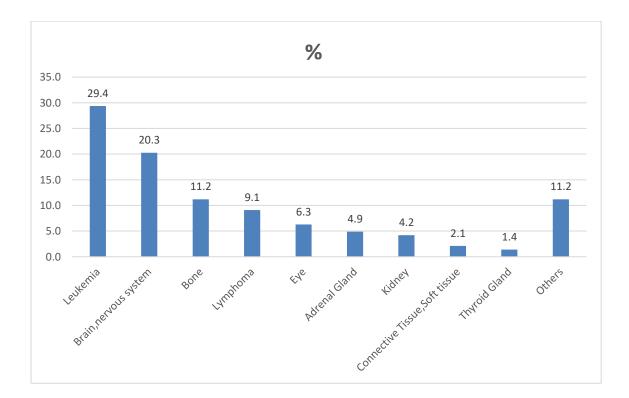


Figure 11: Percentage of top ten cancers of pediatric age group among non-Jordanians (both sexes), 2019.



8. Cancer mortality 2019

 National Mortality Registry :showed that the leading cause of death in Jordan was cardiovascular and circulatory diseases representing (43.9%) followed by neoplasms which constitute (19.8%), therefore cancer is ranked as the second cause of death in Jordan [Mortality Department-2018 Report].

• Jordan cancer registry: mortality data showed that 1146 cancer cases were diagnosed and died in 2019 (694 (60.6%) males, 452 (39.4%) Females). Figure (12) shows the number of cancer deaths by age group, according to JCR in 2019.

The top five-death due of cancer among Males were Lung (27.8%), Colorectal (11%), Leukemia (7.1%), Stomach (7.1%), and lymphoma (5.6%) as shown in Figure (13). While Top five-death due to cancer among Females were breast (14.6%), Leukemia (10.6%), Colorectal (10.4%), Lymphoma (6.9%), and lung (6.6%), as shown in Figure (14). Figure (15) shows the percentage distribution of deaths due to cancer by governorates, according to JCR 2019.

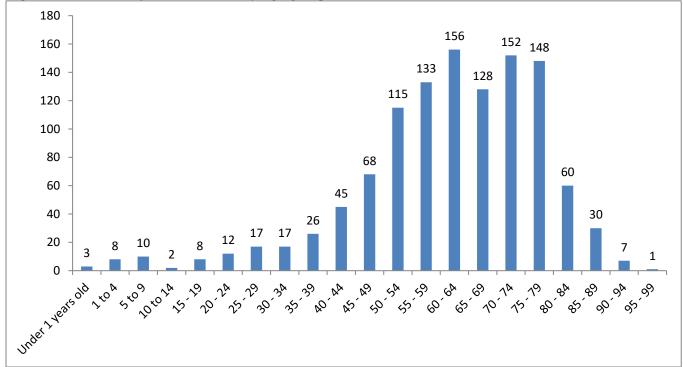


Figure 12 :Number of cancer deaths by age group – JCR 2019..

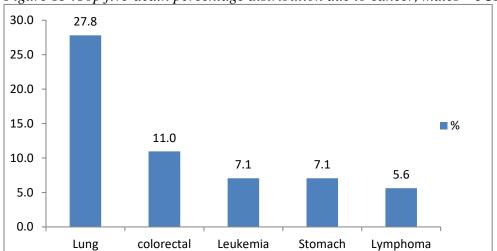


Figure 13 : Top five-death percentage distribution due to cancer, males – JCR 2019.

Figure 14 : Top five-death percentage distribution due to cancer, females – JCR 2019.

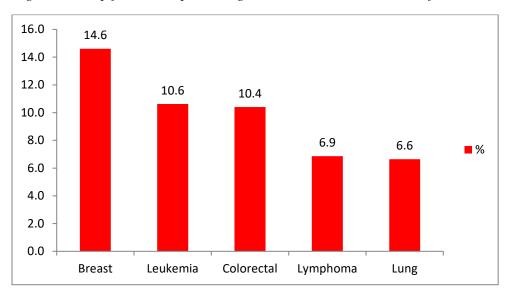
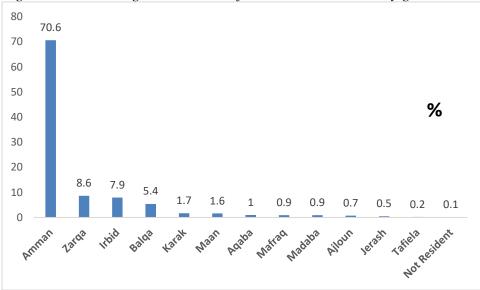


Figure 15: Percentage distribution of deaths due to cancer by governorates - JCR 2019



Appendix 1: Jordan Cancer Registry Form

- R -				
	Ministry of Heal	th-NCDD		
Jo	ordan Cance	er Registry	_	
Patient Information		0,		4 JORDAN
		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		 1 الرقم الوطني:
إسم العائلة:	إسم الجد:		إسم الأب:	2 . إسم المريض:
	4 . إسم الزوج:		1. أعزب 2. _4. مطلق 5.	3 . الحالة الإجتماعية
	6 . العمر عند التشخيص	شهر يوم	/ [5. تاريخ الميلاد:
2. أنثى 9. غير معروف	8 . ا ڻجنس، 1. ذکر	القرية	المدينة	7 . العنوان الدائم:
	10. الحافظة .			9 . رقم التلفون:
9. غير معروف	(2. غير أردني (1. أردني	11. الجنسية ،
ىدخن 1. مدخن ن سابق 9. غير معروف	13. ا ئندخين: 0. غير م 2. مدخر			12. المهنة .
Cancer Information	INSURANCE 1	قادر 3. منتفع 2 مشترك.	سكري5 غيرقادر.4	غيرمعروف 9 عد
14.PRIMARY SITE (text)	15. ICD-O-CODE (topograp		1. 2.	Not a paired site right Left
17. CYTOHISTOPATHOLOGY	C		4.	One side only NOS Bilateral Unknown
	18. ICD-O-3-CODE morphology / beh	autor / grade	DATE OF DIAGN	
			y Month	Year
20. BASIS OF DIAGNOSIS 0. Dea				
A second se	hth.Cert.Only 1.Clin.Only /Hem 6. Histo.of	y 2. Clin.invest mets 7. Histo.of prim	3. Surg/Aut. 8. Autopsy with His	4. Lab st. 9. Unknown
21. SUMMARY STAGE 0. In s 5. Reg	itu 1. Localized . (NOS) 7. Distant/Syste		3. Reg. (L.N) 4. Reg. nstaged	(DIR & L.N)
22. TREATMENT Surgery	Radio Cl	nemo. Immuno	o. Hermonal	Others
23. STATUS 0. Alive 1. Dead 9. Unkr	iown 24. CAU	SE OF DEATH 1. Ca	ancer 2. Non Cancer	9. Unknown
25. DATE LAST CONTACT			1	
Facility Information		AND COLOR		
26. DATE OF ABSTRACT Day Month Year	27. ABSTRAC	TOR'S NAME	28. HOSPITAL I	FACILITY CODE
29. MEDICAL RECORD - SOURC	E NUMBER	30. PATIENT'S	DOCTOR	
31. HOSPITAL REFERRED FROM		32. HOSPITAL	REFERRED TO:	
Ministry of Health-NCDD - Jordan C				<u>نــــلــــا</u> وزارة الصحة ≀السجا

Appendix 2: JCR Data Request Application Form



Ministry of Health - Jordan Cancer Registry(JCR) <u>Amman-Ph.962 6 5662067</u> Data Request / Non-Confidential Data

Name : Address : Address :	
Institution : Fax No : Email : Phone No : Fax No : Email : Required data : (Specify ,Time Period ,Site,Histology,Region,etc) Data Required For : (Presentation / conference/ publication/clinical,epidemiological study,Commercial Need,etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR - will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature: Date Submittted For administrative use only : Request:/ Approved : Director of Jordan Cancer Registry. Sign. Director of Non-Communicable Disease Directorate. Sign.	Name :
Phone No :	Address :
Required data : (Specify ,Time Period ,Site,Histology,Region,etc) Data Required For : (Presentation / conference/ publication/clinical,epidemiological study,Commercial Need,etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry J CR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature: Date Submittted For administrative use only : Request:/ Approved : Director of Jordan Cancer Registry	Institution :
(Specify , Time Period , Site, Histology, Region, etc) Data Required For : (Presentation / conference/ publication/clinical, epidemiological study, Commercial Need, etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR. will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature:	Phone No : Email :
(Presentation / conference/ publication/clinical,epidemiological study,Commercial Need,etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR- will be treated with extreme confidentiality concerning patient's identity, I also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature:	•
(Presentation / conference/ publication/clinical,epidemiological study,Commercial Need,etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature:	
(Presentation / conference/ publication/clinical,epidemiological study,Commercial Need,etc) Collaborators and Co-authors(If Present): Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature:	
Avowal Declaration: I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature: Date Submitted For administrative use only : Request:/ Approved :	
I hereby, supplicant of the above data affirm that the data given to me from the National Jordan Cancer Registry - JCR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and feed-back to the JCR soon after. Requester's Signature:	Collaborators and Co-authors(If Present):
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For administrative use only : Request:/ Approved : Director of Jordan Cancer Registry Director of Non-Communicable Disease Directorate	- JCR- will be treated with extreme confidentiality concerning patient's identity, 1 also confirm that the data given to me will not be presented or published by me or any of my collaborators as an original work but rather can be used in my presentation and/or publication with acknowledgement to the JCR .also confirm to provide copy of my work and
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Date:	Director of Non-Communicable Disease Directorate
	Date:

Appendix 3: Definitions of Terms

Incidence

A cancer incidence rate is the number of new cancers of a specific site/type occurring in a specified population during a year, usually expressed as the number of cancers per 100,000 populations at risk.

That is, Incidence rate = (New cancers / Population) \times 100,000

The numerator of the incidence rate is the number of new cancers; the denominator is the size of the population. The number of new cancers may include multiple primary cancers occurring in one patient. The primary site reported is the site of origin and not the metastatic site.

Prevalence

Prevalence is defined as the number or percent of people alive on a certain date in a population who previously had a diagnosis of the disease. It includes new (incidence) and pre-existing cases and is a function of both past incidence and survival. Information on prevalence can be used for health planning, resource allocation, and an estimate of cancer survivorship.

Crude incidence rate (CR)

The number of new cancer cases (incidence cases) observed in the population during a defined period, is divided by the number of populations at risk in the same period. It is usually expressed per 100,000.

Age-Specific Incidence Rate (ASIR)

The number of cancer cases occurring during a specific period in a population of a specific age group and sex, divided by the number of mid-year population of that age group and sex, multiplying by 100,000.

 $AR = N_i / P_i \times 100,000$

 N_{i-} Number of new cancer cases occurring in the ith age group P_{i-} person-years at risk in the ith age group

Age-Standardized Rate (ASR)

An age-adjusted rate is a weighted average of the age-specific rates, where the weights are the proportions of persons in the corresponding age groups of a standard population. The potential confounding effect of age is reduced when comparing age-adjusted rates computed using the same standard population.

The most frequently used standard population is the world standard population. The calculated incidence is known as the world standardized incidence rate. The rate is expressed per 100,000 population

Rank

This measure reflects the importance of a specific cancer site relative to other sites, in terms of the number of registrations. Ranking illustrates the most and least frequent cancer sites in a population according to their frequency.

وبائية السرطان لعام 2019 الملخص التنفيذي

التقرير السنوي الرابع والعشرون للسجل الوطني للسرطان مديرية الأمراض غير السارية - قسم مكافحة السرطان - السجل الوطني للسرطان

الرسالة: تخفيف عبء مرض السرطان من خلال خفض معدلات الإصابة وذلك بتبني سياسات وبرامج وطنية لمكافحة السرطان تتضمن زيادة تدابير الوقاية والكشف والتشخيص المبكر.

الرؤية: نحو مجتمع واعي للتدابير الوقائية من السرطان وطرق الكشف المبكر وبمشاركة كافة الجهات الوطنية وصولاً إلى معدلات متدنية من الإصابة وبالتالي الوفيات من هذا المرض.

الأهسداف:

- الرصد المستمر (الذاتي والنشط) لتسجيل حالات السرطان في المملكة اعتماداً على المعايير
 العالمية.
 - إعداد استراتيجية وخطة وطنية شاملة لمكافحة مرض السرطان في المملكة.
 - إعداد البرامج الوطنية لمكافحة السرطان بناءً على معدلات الحدوث في المملكة.
 - نشر الوعى الصحى حول أهمية الكشف والتشخيص المبكر لمرض السرطان.
 - إعداد دلائل إرشادية وطنية للكشف المبكر عن السرطانات الأكثر شيوعاً (الثدي، القولون)

السجل الوطنى للسرطان

أنشئ السجل الوطني للسرطان كوحدة في وزارة الصحة بموجب قرار وزاري وترتبط إداريا بمعالي الوزير في عام 1996 حيث كانت حالات السرطان الخبيث قبل ذلك تسجل من مستشفى واحد يتبع لوزارة الصحة. بعد ذلك أصبحت جميع حالات السرطان المكتشفة والمشخصة في الأردن ومن كافة القطاعات الصحية والمختبرات ترصد من خلال السجل الوطني للسرطان وذلك باتباع أسلوبين في عملية الرصد لتلك الحالات أولها أسلوب الرصد الذاتي حيث يتم التبليغ الذاتي عن وجود حالات سرطانية عن طريق وذلك من خلال ضباط الناص محموعة من البيانات حول المرض وترسل مباشرة إلى السجل وذلك من خلال ضباط ارتباط أكفياء مدربين وموز عين على كافة المستشفيات في القطاعات وذلك من خلال ضباط ارتباط أكفياء مدربين وموز عين على كافة المستشفيات في القطاعين العام والخاص ومستشفيات الخدمات الطبية الملكية ومستشفيات الجامعات بالإضافة إلى مختبرات القطاع العام والقطاع ومستشفيات الخدمات الطبية الملكية ومستشفيات الجامعات بالإضافة إلى مختبرات القطاع العام والقطاع ومستشفيات الخدمات الطبية الملكية ومستشفيات الجامعات بالإضافة إلى مختبرات القطاع العام والخاص الخاص. أما الطريقة الثانية المتبعة في رصد حالات السرطان في الأردن فهي من خلال الرصد النشط حيث يقوم فريق من كادر السجل الوطني بزيارة المستشفيات والمختبرات والجهات ذات العلام والتطاع الحالات السرطانية المتبعة في رصد حالات السرطان في الأردن فهي من خلال الرصد النشط فيما بعد تتم عملية مراجعة وتنقيح للمعلومات والبيانات وعملية الترميز باستخدام (ICD-O3) ومن ثم إدخال الحالات إلى نظام رصد في الحاسوب باستعمال برنامج معد خصيصاً من قبل معهد البحوث السرطانية IARC (إحدى فروع منظمة الصحة العالمية WHO) ويراعي أعلى درجات الدقة والحرص لتجنب از دواجية في الحالات المدخلة وذلك من خلال عدة آليات ومستويات من الرقابة الذاتية والداخلية وأيضاً الرقابة الخارجية على مجريات عمل وإنجازات السجل.

بعد الانتهاء من إدخال كافة الحالات المشخصة للفترة الزمنية المحددة (سنة) يتم تحليل تلك المعلومات باستخدام برامج التحليل الإحصائية ليصار بعد ذلك إلى إعداد التقرير ومن ثم نشر التقرير السنوي الذي يبين نمطية وانتشار مرض السرطان في الأردن حيث يبين التقرير وجود حالات السرطان من حيث مكان الإصابة والعمر والجنس والتوزيع الجغرافي. كما يتم إعداد جزء خاص بسرطانات الأطفال وآخر خاص بالسرطان بين غير الأردنيين في الأردن، ويتم أيضا إعداد جزء خاص بالوفيات بسب السرطان موزعة حسب أنواع السرطانات والفئات العمرية والجنس وكذلك التوزيع الجغرافي.

وقد عمل السجل على إيجاد قاعدة بيانات للمرضى حسب المعايير العالمية المتبعة في استنباط وترميز واستعمال هذه البيانات في رفد متخذي القرار وجميع المهن في مجال مرض السرطان على جميع المستويات والأصعدة (إدارية وتخطيط وعلمية...). وقد عمل السجل على إصدار تقرير سنوي لوجود الحالات السرطانية المكتشفة في فترة عام واحد Incidence Cancer وحفاظا على أعلى درجات الدقة في جمع وترميز الحالات السرطانية، ويقوم السجل وبشكل دوري بعقد العديد من الدورات التدريبية لضباط الارتباط العاملين بجمع واستنباط البيانات من سجلات السرطان. وحيث إن السجل الوطني للسرطان من الأوائل والرواد في السجلات المجتمعية (Community Based Registry) في الإقليم فانه يقوم بتدريب كوادر من الدول العربية.

في عام 2008 تم إلغاء مديرية مكافحة السرطان واستحدث قسم مكافحة السرطان وتم الإبقاء على وحدة السجل الوطني للسرطان ليتبع كل منهما إلى مديرية الإمراض غير السارية حيث يتابع قسم مكافحة السرطان والسجل الوطني للسرطان أعماله من تسجيل الحالات السرطانية المكتشفة وتطبيق نشاطات الاستراتيجية الوطنية في مجال مكافحة السرطان في الأردن. قدم السجل العديد من الأوراق العلمية في الموتمرات المحلية والدولية وقد أصبحت قاعدة البيانات المتراكمة لدى السجل مقصد العديد من الباحثين لإجراء الدراسات والبحوث العلمية.

أهم إحصائيات التقرير السنوي الثالث والعشرون لعام 2019

تم تجميع الحالات اعتماداً على تاريخ التشخيص من تاريخ 2019/1/1 حتى تاريخ 2019/12/31. بلغ مجموع الحالات المسجلة (10006) حالة منها (7594) أردنيين ما نسبته 75.9 % من إجمالي عدد الحالات، مقارنة مع (9248) حالة في العام 2018. وبلغ عدد الحالات بين الذكور الأردنيين (3638) (47.9) والإناث (3956) (52.1%) في حين بلغ إجمالي الحالات بين غير الأردنيين للعام 2019 (2412) حالة ما نسبته (24.1 %) من مجموع الحالات.

السرطانات الخمس الأكثر شيوعاً بين الأردنيين للجنسين:

احتل سرطان الثدي المرتبة الأولى حيث بلغ إجمالي الحالات المسجلة ب (1539) حالة ما نسبته 20.3% تلاها سرطان الثدي المرتبة الأولى حيث بلغ إجمالي الحالات (881) ما نسبته 11.6% ثم سرطان الرئة (564) حالة (7.4%) ثم السرطانات الليمفاوية (521) حالة ما نسبته 6.9%. ثم سرطان الدم (387) بنسبة (5.1%).

السرطانات الخمس الأكثر شيوعاً بين الذكور كانت على النحو التالي: سرطان القولون والمستقيم (497) حالة بنسبة (13.7%) ثم سرطان الرئة (474) حالة (%13.0)، سرطان المثانة (330) بنسبة (9.1%)، سرطان البروستات (328) بنسبة (9.0%)، ثم سرطان الدم 222 (6.1%).

السرطانات الخمس الأكثر شيوعاً بين الإناث كانت على النحو التالى:

سرطان الثدي (1524) حالة بنسبة (38.5%)، القولون والمستقيم (384) بنسبة (9.7%)، سرطانات الغدة الدرقية (246) بنسبة (6.2%) ثم سرطان الدم (165) بنسبة (4.3%) ثم سرطان الدم (165) بنسبة (4.2%) من مجموع سرطانات الإناث.

في حين بلغ مجموع سرطانات الأطفال للأعمار أصغر من 15 سنة (314 حالة) بنسبة 4.1 % من مجموع السرطانات الكلي، منها (178) بين الذكور بنسبة (56.7) و(136) بين الإناث بنسبة (43.3%) من الحالات. حوالي (43%) من الحالات المسجلة هي لأطفال دون سن 5 سنوات.

وكانت أكثر السرطانات شيوعا في هذه الفترة العمرية (الأطفال أصغر من 15 سنة) هي كالتالي: سرطان الدم 33.4%، سرطان الدماغ والأعصاب 19.4%، السرطانات الليمفاوية 15.9%، ثم سرطان الكلية بنسبة 6.7%، وأخيرا سرطان العظم 5.7%.

معدلات الإصابة بالسرطان لعام 2019

- المعدل الخام للإصابة بالسرطان بشكل عام لكافة الأعمار بلغ (103.9) لكل (مئة ألف) من السكان (للذكور 97.7، وللإناث 110.3).
- معدل الإصابة المعاير عمريا لكل مئة ألف من السكان للجنسين 145.8 (للذكور 143.8 وللإناث 147.9).
- معدل الإصابة الخام للأطفال فقد بلغ 124.5 (لكل مليون طفل) 137.6 للذكور و110.7 للإناث.

التوزيع النسبي لحالات السرطان حسب المحافظات:

- محافظات الوسط (84.7%): عمان 71.2%، الزرقاء 7.8%، البلقاء 3.9% ثم مادبا 1.7%
- محافظات الشمال (11.0%): اربد 8.2%، المفرق 1.0%، عجلون 0.9% ثم جرش 0.8%
- محافظات الجنوب (4.3%): الكرك 1.8%، العقبة 1.2 % معان 0.8%، ثم الطفيلة 0.4%

معدل الحدوث الخام لحالات السرطان حسب المحافظات لكل 100,000:

- محافظات الوسط (144.6): عمان 192.0، مادبا 74.6، البلقاء 68.1، ثم الزرقاء 58.5.
 - محافظات الشمال (38.6): اربد 42.8، عجلون 41.0، جرش 34.6، ثم المفرق 21.6.
- محافظات الجنوب (46.0): العقبة 63.1، الكرك 45.9، معان 38.8 ، ثم الطفيلة 32.2.